

Minutes for October 19, 2018

Recorder: Michaela Horn

Present: Anita Alkire (Public Health Seattle King County), Luba Bezborodnikova (DCYF Licensing), Alexandria Deas (Snohomish Health District), Bonnie Decker (Snohomish Health District), Adrienne Dorf (DCYF), Anna Freeman (Kindering), Jordon Groce (Spokane Head Start), Janis Harsila (Public Health Seattle King County), Jennifer Helseth (DCYF), Micha Horn (Snohomish Health District), Leslie Keller (Kindering), Suzanne Kohaya (PSESD), Sarah Leong (Public Health Seattle King County), Katy Levenhagen (Snohomish Health District), Viviana Lopez (Public Health Seattle King County), Sheila McMahon (Private Nurse Consultant), Yolanda Morris (Public Health Seattle King County), Rachel Phillips (Spokane), Maria Rodriguez, Rebecca Timmen (HeadStart Region 10), Joanne Tran (PSESD), Kristi Walters (PSESD), Sue White (Public Health Seattle King County), Caitlin Young (PSESD)

TOPIC	DISCUSSION	ACTION / DECISION
<p>Licensing Update</p> <p><i>Update by Luba Bezborodnikova, DCYF</i></p>	<ul style="list-style-type: none"> Rules were filed this summer after negotiated rulemaking process finished DCYF is now starting their education and awareness campaign – providers and the community need time to get into compliance with the new standards. August 2019 is when the new standards will be enforced. Getting together with the main stakeholders (family home provider union, Washington state organization for child care centers, organization for state ECEAP/Head Start, Child Care Aware and early learning coalitions); There will be state meetings and webinars to become familiar with new WACs, learn what needs to change January – July ‘deep dive’ activities will commence – sessions will be face to face and via webinars and will involve main stakeholders. Stakeholders will organize regional and local networks and will bring concerns and questions to be addressed. These sessions will deal with miscommunications, concerns, etc. The ‘deep dives’ will be topic specific; a specific deep dive for health and safety may be planned. Some updates will be relevant for all, some will be relevant to specific groups. <p>Questions from the group:</p> <ul style="list-style-type: none"> <i>Are the ‘deep dives’ different from the trainings that will be provided to licensors and early achievers coaches?</i> The deep dives will not be trainings, but they will be informational sessions to understand how to be compliant. 	<p>DCYF Alignment and Education Campaign information with webinar and live session dates/times: https://www.dcyf.wa.gov/services/early-learning-providers/standards-alignment/events</p> <p>Call in number (1-877-216-1555 Passcode: 582205) for live sessions for those that cannot travel to get there.</p>

COALITION FOR SAFETY AND HEALTH IN EARLY LEARNING

TOPIC	DISCUSSION	ACTION / DECISION
	<ul style="list-style-type: none"> • <i>Will they be mandated?</i> No • <i>Will providers get STARS training?</i> Some specific informational sessions will get a small number of STARS (1.5 hour session will get 1 STARS hour). These are special events since learning will not be measured. • <i>Will materials be available?</i> There will be materials available. An online manual should be available in January and will help explain how to be in compliance. Specific information will be available to the providers. Executive summaries of the updates will be provided. • <i>What is the timeline?</i> Timeline – Jan 2019 = ‘deep dives’ schedule will be shared, manual will be part of deep dive and will be out in January; deep dives will occur Jan-July 2019. • <i>Are the WACs 100% final at this point?</i> They have been filed. It is possible to make changes to any WAC with legislation, or directive from the Governor; also there are a few changes that are made because of slight errors. • <i>If there is a health safety or nutrition change for the WAC, what is the process to get the change?</i> DCYF is supposed to keep track of all emergent issues and make decisions if something needs to be changed or adapted. If you have issues about the WACs, please let DCYF know about it. Send an email to Luba and the two deputy directors: Jody Becker and Heather Moss. Please also cc Jennifer, Adrienne, and Debbie O’Neil (see contact info at right) • <i>How will information be disseminated?</i> Information will be posted on the website and will be sent out by Jennifer Helseth to the CSHEL group. Luba will share with our group all the information shared with the rest of the stakeholders. • <i>What are some of the major changes?</i> Expulsion policy, safe sleep supervision (frequently checking on sleeping children), toothbrushing 	<p>If you have questions or concerns about the new WAC, please send an email to the following individuals:</p> <p>Jody Becker Deputy Secretary of Programs for Children and Families jody.becker@dcyf.wa.gov</p> <p>Heather Moss Deputy Secretary of Operations and Infrastructure heather.moss@dcyf.wa.gov</p> <p>Luba Bezborodnikova Assistant Secretary of Licensing luba.bezborodnikova@dcyf.wa.gov</p> <p>Please also cc Jennifer, Adrienne, and Debbie O’Neil :</p> <p>Adrienne Dorf Healthiest Next Generation Project Manager Adrienne.dorf@dcyf.wa.gov</p> <p>Jennifer Helseth Health Systems Analyst jennifer.helseth@dcyf.wa.gov</p> <p>Debbie O’Neil Licensing Projects Administrator Deborah.oneil@dcyf.wa.gov</p>
<p>Additional Discussion</p> <p><i>Discussion by the group</i></p>	<p>EXCLUSION GUIDELINES - Why is there no more exclusion for conjunctivitis or drainage for infants, but it is still in the school-age WAC? The AAP no longer recommends exclusion for pinkeye. Individual child cares can be stricter than the WAC.</p> <p>OUTDOOR PRESCHOOLS - Can we find out from DCYF about the outdoor preschool WACs? Currently running a pilot to figure out which WACs apply. Group was interested in finding out how to get involved.</p>	<p>AAP Exclusion Guidelines: https://healthychildren.org/English/family-life/work-play/Pages/When-to-Keep-Your-Child-Home-from-Child-Care.aspx</p> <p>Debbie Groff, Outdoor Preschool Pilot Program Manager, 509.380.4247 https://del.wa.gov/Outdoor-Preschool</p>

COALITION FOR SAFETY AND HEALTH IN EARLY LEARNING

TOPIC	DISCUSSION	ACTION / DECISION
<p>CSHEL Business</p>	<p>ROLE FOR CSHEL - Health needs to be advocated for. What role can CSHEL play in being a strong voice for health and safety in early learning environments? CSHEL used to be an advocacy group. Should it return to that or could it be a sanctioned group or committee through DEL? There are pluses and minuses to being advocates versus advisory? How do we unify different groups – like the LHJs that are holding infant nurse consultation groups? How do we get ourselves invited to the table? There are many other questions. <i>Suggest that this be a topic for the January meeting.</i></p> <p>FUNDING LOCAL WORK THAT BENEFITS THE STATE – issue that doesn't come up enough, but who pays for health and safety materials that are developed locally, but then used statewide.</p>	<p>Consider this as a topic for January 2019 CSHEL meeting.</p> <p>For more information about CSHEL, visit the website at http://cshelwa.org/</p>
<p>Developing a System for Child Care Health Consultation in King County</p> <p><i>Update by Anna Freeman and Leslie Keller, Kindering Bellevue</i></p>	<p>Earlier this year Best Starts for Kids provided funding for 7 groups to work with King County Child Cares (Sisters in Common, Somali Health Board, Chinese Information and Service Center ,Living Well Kent, Northwest Center ,Encompass, Kindering). There are two different approaches to their health consultation - Community informed approach and public health approach. Within each program the consultation is different and unique.</p> <p>Kindering is tasked with developing an accessible system for child care health consulting (systems development); have three years to have a road map, but not necessarily a complete system in place – started work in September 2018. The goal is to develop an accessible system through which separate entities that offer child care health services are connected, supported, well trained and working cohesively to address unmet needs and alleviate race and place based inequities. This is the very start of the discussions.</p> <p>Slide Presentation - Approaches – use equity framework, informed by community, learning as we go/rapid reiteration</p> <p>Strategies – engage in meaningful conversations/summits/focus groups, (interacting with existing partners – CSHEL, King County Public Health and Snohomish Public Health, New BSK funded programs, HeadStart and ECEAP, School nurses providing services for school-based early learning, family home providers, center directors, teachers, health specialists, licensors – Heather West, Early Achievers, Infant Toddler consultation, center directors group)</p> <p>Equity Framework – answer questions including how the process promotes racially inclusive collaboration and engagement, educate on racial issues, set goals for eliminating racial equality, etc.</p> <p>Exploratory Themes – 1) Equitable (how are services reducing race and place-based inequities? 2) Supported (what kind of resources are necessary to support a system of CCHC) 3) Connected (What tools are needed for health consultants to feel connected to a CCHC</p>	<p>Contact Information for presenters:</p> <p>Leslie Keller, CCHC Systems Development Manager Leslie.Keller@Kindering.org 425-362-6420</p> <p>Anna Freeman, CCHC Systems Development Coordinator Anna.Freeman@Kindering.org 425-653-4304</p>

COALITION FOR SAFETY AND HEALTH IN EARLY LEARNING

TOPIC	DISCUSSION	ACTION / DECISION
	<p>system 4) Well-trained (What qualifications, skills, knowledge, and training to CCH consultants need) 5) Working Cohesively (How to CCHC services compliment the larger early learning system).</p> <p>Discussion – How do you define the roles and responsibilities of CCHC? “coaching and capacity type role” “relationship based – developing relationship is critical” “establishing trust” “being knowledgeable” (center directors complain that the nurses do not know child care even if they know health). “Have to get foot in the door” “Right now only required for infant room, not whole center” “who pays for it” “CCHCs need to understand business practices” “Used to be a system where local health departments had at least part time nurse consultant with state funding, but that went away in 2010” “helping child care providers guide parents to additional evaluation and early interventions” “help integrate and accommodate children with special needs into child care settings” {side note: there may be an assumption by the public that child cares have a nurse like schools do}</p> <p>Discussion – What do you do? “Depends on role – Nurse, Environmental Health, Nutritionist, Behavioral Health Specialist” “Depends on the center’s needs – one many need help with infection control and another may need help with infant mental health” “CCHC must assess the situation and figure out the need” {side note – nurses are mandated so private nurses are doing the work, but the other roles are only being done because there are public dollars funding the positions.}, “Children with special health needs – should there be an inclusion specialis”</p> <p>Discussion – How is health consulting unique to other early learning support services?</p> <ul style="list-style-type: none"> • Assumption that if you are licensed that you are meeting all the health and safety requirements – child care health consulting can help meet WAC and also help improve the practices beyond the minimum; licensors appreciate assistance • CCHC is not “regulatory” and, other than infant rooms, it is not mandatory - this is another reason why relationship-building is important • CCHC do not affect their Early Achievers Ranking • Hear from child cares that they “don’t need consultant” because they have EA coaches, but EA coaches are not strongly focused on health and safety; and there can be conflicts between the two. • Educational background and training is different so view the child care from a different lens. • Certain things are “life and death” such as medication errors, safe sleep, etc. 	

COALITION FOR SAFETY AND HEALTH IN EARLY LEARNING

TOPIC	DISCUSSION	ACTION / DECISION
	<p>Discussion – How should CCHCs collaborate with Early Achievers and licensing to support a program’s ability to meet health related quality standards?</p> <ul style="list-style-type: none"> • Often not a lot of interaction between CCHCs and EA coaches – might be good to have increased interfacing. • Participate in different meetings, orientations, etc. • Would be nice to have a system of referral between the different groups (EA, Licensors, and CCHCs). <p>Discussion – What tools would you see necessary to put a referral system into place?</p> <ul style="list-style-type: none"> • Relationships • Online hub of professionals who could provide services – call one place to get help • Use an existing conference to get parties together • Early Achievers and Licensing are both DCYF programs so maybe this connection can be used to increase interaction– The contract for EA is held by DCYF, but the EA staff are not DCYF employees. 	
Member/Agency Updates	<p>Public Health Seattle King County – funded primarily by City of Seattle grants; funding is the crucial component to what the work is. Birth to 3 program – hired a nurse and mental health specialist to work on that. Re-writing the health policy. Working on website to get it more organized, updating forms, etc. Updated “Keep Me Home If” poster. Goal is to make a very active website which includes how-to videos, like mixing bleach. Working on program to get more home-grown fruits and vegetables.</p> <p>Snohomish Health District – Snohomish Health District CCHC staff will meet with the regional coordinator of Child Care Aware, the Division Manager for Early Learning and Family Services at the Opportunity Council, and an Early Achievers Mental Health Coach to align more in regards to health and safety. Publishing a monthly newsletter; sign up on website www.snohd.org. Plan is to have our Learning Management System up and running for Snohomish County residents in January. Eventually hope to have it available to the whole state.</p> <p>Sheila McMahon (private INC) – at capacity at 36 centers</p> <p>Puget Sound ESD – accepted lots of expansion slots again, opening new sites; had USDA review last June and it went well; CACFP is now more complicated.</p>	

COALITION FOR SAFETY AND HEALTH IN EARLY LEARNING

TOPIC	DISCUSSION	ACTION / DECISION
<p>Department of Children, Youth, and Families (DCYF) Update</p> <p><i>Update from Jennifer Helseth and Adrienne Dorf</i></p>	<p>Have been working on how to meet the INC WAC changes and create a system by August 2019; Jennifer is willing to talk to anyone who wants to discuss INC. Biggest argument she hears is “there are no nurses” – but there are nurses in the state but they may not know about the opportunity, don’t have training, etc. What are ways that nurses get connected to child cares? Need to develop an online system to connect them – maybe through MERIT. There needs to be some amount of basic training – 5 or 6 states who already have great training that could be adapted for this state. Any input you have, please let Jennifer know.</p> <p>DCYF has put forth a birth to 5 “Kindergarten Readiness” plan to the Governor’s office which includes geographically-based health hubs (mental health consultant team of about 11, an infant nurse consultant lead to coordinate INCs, early learning health generalist who could be a nutritionist, environmental health specialist, nurse, etc. to help with other health issues). These hubs would be funded by DCYF. This would be included in the Governor’s budget so stay tuned.</p>	<p>Information about DCYF child care policies and procedures can be found at: https://www.dcyf.wa.gov/practice/policy-laws-rules</p> <p>If there are other ideas or comments about health and safety at DCYF or input about infant nurse consultant training, please email Jennifer at: Jennifer.helseth@dcyf.wa.gov</p>
<p>Next Meeting</p>	<p>Next scheduled CSHEL meeting will be Friday, January 18, 2019 at 9:00am at PSESD, Renton.</p>	