

# HEALTHY FUTURES



Improving Health Outcomes for Young Children

A program of the American Academy of Pediatrics

Curriculum for Managing Infectious  
Diseases in Early Education and  
Child Care Settings

## INSTRUCTOR'S MANUAL



Editors:

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American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



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# Curriculum For Managing Infectious Diseases in Early Education and Child Care Settings

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The recommendations in this curriculum do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate.

Please note: Listing of resources does not imply an endorsement by the AAP. The AAP is not responsible for the content of resources mentioned in this curriculum. Phone numbers and Web site addresses are as current as possible, but may change at any time.

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# Curriculum For Managing Infectious Diseases in Early Education and Child Care Settings

## **INSTRUCTOR'S MANUAL**

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## Introduction

*The Healthy Futures: Improving Health Outcomes for Young Children, Curriculum on Infectious Diseases in Early Education and Child Care* has been made available by the American Academy of Pediatrics (AAP) Early Education and Child Care Initiatives. It is designed as an educational tool for child care providers with all levels of understanding about infectious diseases. With this curriculum, participants will learn how to prevent, recognize, and manage infectious diseases in early education and child care settings. The curriculum contains the following components:

### Getting Started

Module 1: Understanding Infectious Diseases

Module 2: Preventing Infectious Diseases

Module 3: Recognizing and Managing Infectious Diseases

Wrap Up

The *Curriculum on Infectious Diseases* is a collaborative effort of health care and early education and child care professionals from the AAP, the State Child Care and Development Fund, Early Childhood Comprehensive Systems, Family Voices, the National Association for the Education of Young Children, the National Association of Pediatric Nurse Practitioners, the National Child Care Information and Technical Assistance Center, the National Resource Center for Health and Safety in Child Care and Early Education, the National Training Institute for Child Care Health Consultants, and the Office of Head Start.

The *Curriculum on Infectious Diseases* went through extensive review through the AAP, specifically the Board of Directors; the Committee on Early Childhood, Adoption, and Dependent Care; the Committee on Infectious Diseases; the Section on Infectious Diseases; and the Section on Early Education and Child Care.

Optimal instructors for this course include pediatricians, Child Care Health Consultants, or other licensed health care professionals with experience in child care settings.

### **Instructor Guidance:**

- *Length of the course is 3 to 3 ½ hours. The proposed time to cover the material allows all*

*the content on the slides to be mentioned. The instructor's notes offer a variety of detail. Instructors should select from the notes the details that match the sophistication, interests, and time available to conduct the course for each group they teach. The times suggested for individual slides or activities are the minimum times required to present the material. When time and the interest of the group warrants, plan to spend additional time on the material.*

- *Instructors may add state materials, where appropriate, directly into the manuals.*
- *Notes on the slides include:*
  - **Lecture** – *provides critical information, history, and background about the topic.*
  - **Guided Discussion** – *used to encourage group discussion and problem solving, providing participants the freedom to express their opinions and propose resolutions. This helps participants develop a deeper understanding of the material.*
  - **Participant Activities** – *provides participants with an opportunity to practice what they have learned.*
  - **Videos** – *supports material within the curriculum. Please check videos to make sure they work correctly prior to presenting the curriculum.*
  - **Manual Materials** – *supporting materials, provided in the Instructor's Manual and Participant's Manual, that apply to the discussion on a particular slide.*
  - **Resources** – *supporting materials; not provided, but may provide additional information that supports the lecture.*
  - **References** – *citations quoting other published materials; referred to in text by a reference mark.*
- *Materials needed include flip chart/chalkboard/whiteboard; markers/chalk; overhead projector (if not available, printed copies can be used); a copy of the Participant's Manual for each learner; and a copy of the Instructor's Manual. It is recommended that instructors have a copy of Managing Infectious Diseases in Child Care and Schools when presenting this curriculum as a reference. Available at [www.aap.org/bookstore](http://www.aap.org/bookstore).*
- *Curriculum materials can be downloaded from [www.healthychildcare.org](http://www.healthychildcare.org).*