

Minutes for January 16, 2015

Recorder: Michaela Horn

Present: Linda Albert, Pam Baumgartner, Nicole DeFrank, Adrienne Dorf, Yvette Edwards, Gail Gensler, Danette Glassy, Jennifer Helseth, Darcy Hermosa, Michaela Horn, Lindee Juette, Peggy King, Suzanne Kohaya, Trang Kuss, Katy Levenhagen, Cathe Paul, Melissa Nuanez, Mary Rushton, Deanna Russell, Karen Weidert, Nancy Wessenberg, Sue White, Caitlin Young, Joan Zerzahn.

TOPIC	DISCUSSION	ACTION / DECISION
<p>Welcome and Introductions</p>	<p>Darcy Hermosa – Kitsap Community Resources / Head Start/ Early Head Start Adrienne Dorf – Now working for DEL – Healthiest Next Generation Program Manager (funding currently thru June 2015) – New program focused on healthy eating/physical activity/breastfeeding/ drinking water/healthy weight Joan Zerzan – DOH – Healthy Starts Nutrition Consultant Gail Gensler – Seattle King County Public Health EH/Hazardous Waste Yvette Edwards – PHN SeaKing – Temporary Part Time Nancy Wessenberg – Private Nurse Consultant Danette Glassy – Pediatrician, AAP Peggy King – Private Nurse Consultant, Committee Chair (in need of co-chair) Suzanne Kohaya – Early Learning Food Service Manager PSESD Caitlin Young – Health Coordinator PSESD Jennifer Helseth – Sound Harbor Head Start ECEAP – lost one center to flooding Micha Horn – Snohomish Health District, Env. Health Specialist Cathe Paul – Private Consultant Nicole DeFrank – Private Consultant Lindi Juette – Wenatchee – Special Services Coordinator from Headstart/EHS/ECEAP Deanna Russell – Vancouver Trang Kuss – DOH – Immunizations and Child Profile Heidi Collins – Private health consultant Sue White – new to King County Child Care team Nancy Tarara – BFHD</p> <p>Peggy King shared a letter from the Governor to the CSHEL membership thanking us for participating in the Healthiest Next Generation project.</p>	
<p>Washington State Dept. of Health Immunizations</p>	<ul style="list-style-type: none"> • New required immunization charts for child care and preschools are out on the DOH website. There are no changes to the requirements, but the form now looks different. • New CIS form is available dated 2015. No parent consent is required (legally) when staff update the form with missing or updated immunization and you don't have to sign and date the 	<p>Feel free to email Trang with any questions trang.kuss@doh.wa.gov.</p>

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<p>Program Update from Trang Kuss</p>	<p>CIS form any longer. There is no box for office staff to sign and date. This is a huge change from what was required in the past. Both OSPI and DOH attorneys agreed that no parent consent is required. Even on old CIS forms which have the staff box, it is not needed any more. Parent signature is still required on the form. Example – nurse looks up immunizations on Child Profile – staff can put those dates on CIS form without parent signature. [note: parent consent is not required to update the CIS, but you can still choose to have it – can make it your own policy]</p> <ul style="list-style-type: none"> • Question about whether child profile information can be given to parents. There is still a form that needs to be filled out every time the parent wants child profile to give information to child care. • Another box for parent signature and permission on the CIS form (second box to the right). A few schools are taking part in a pilot project allows school nurses to enter immunizations into WAIS program. This box is for those pilot schools only. • How are people going to be aware of the new CIS form? DOH sending out to contacts at DEL, LHJs, etc. If CSHEL members can help spread the word, that is helpful. Heidi Collins will send out information to the CSHEL listserv. • Certificate of Exemption is now also available and posted to the web page. Looks very different from the old one. Thought that medical exemptions were going up because of the old form. Side A is for all religious, personal, and medical exemptions – and requires a medical provider signature. Side B is for the religious body membership form and does not require a signature. 	
<p>DEL/Update & STARS Training</p> <p><i>Update by Adrienne Dorf</i></p>	<p>Adrienne Dorf is not working at DEL as the Healthiest Next Generation Project Manager.</p> <p>30 Hour Basic STARS training – Once Adrienne got into DEL, she was asked to look at new 30 hour training that every new director and lead teacher has to take. Got all the modules, but could not share them. Adrienne reviewed the two health modules. Noticed that there were inaccuracies – for example – old food temperatures inconsistent with the newest food code, bleach still assumes 5-6% for recipes. CDA educators had created the modules, but the modules were not reviewed by any health professionals.</p>	<p>Access other DEL updates at: http://www.del.wa.gov/publications/communications/#updates</p>
<p>Bleach Update</p>	<p>Bleach Update – Lowest Jefferson retired and Joan Zerzan was tasked with taking it over and moving it forward. Disinfecting and Sanitizing Chart and a companion document were approved by DOH. This information was sent out to LHJs as a heads up on January 5th. Comments are due January 31st. Document is getting a publication number and will be put on the website as soon as it is done.</p> <p>Thank you to the bleach workgroup.</p>	<p>Access the new bleach chart at: http://here.doh.wa.gov/materials/guidelines-for-bleach-solutions/?searchterm=bleach</p>

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<p>MERIT Renewal</p> <p><i>Update by Cathe Paul</i></p>	<p>MERIT renewal for professionals - In order to renew STARS certification, trainers need to show 15 CEUs per year (or 30 within last 2 years), fill out a template online, prove that they completed the training by showing certificates and official course descriptions – it is a lot of work to show you took the courses. DEL has asked for input from CSHEL health professionals who are STARS trainers. Cathe Paul will gather input about health professional STARS trainer renewal processes.</p>	<p>If you have comments, send emails to Cathe Paul at: cdewarpaul@yahoo.com</p>
<p>Health Policy Quality</p> <p><i>Update by Nancy Wessenberg</i></p>	<p>Health Policy Quality – biggest concern is that there are some very poor quality health policies with either inaccurate information or information that doesn't meet WAC that have been signed off. Sometimes someone will sign off on a policy that doesn't have any blanks filled in. Some centers ask a parent or a doctor to sign off the policy. Seattle King County Public Health will do health policy for \$50.00 but do not do a site visit. Nancy shared a situation where a private consultant came to a center to help them get started (former center director) on their health policy, but the information was very poor.</p> <p>Suggest that licensors get the word out about poor quality health policies and INC Idea to connect with Board of Nursing and ask if they will get information out to nurses</p> <p>Idea to have an in-depth discussion on Private vs. Public consultation in child care. How do we get private nurse consultants looped in to these types of discussions (such as CSHEL).</p>	
<p>Ebola, EV-D68, and Communicable Disease, Oh My!</p> <p><i>Presentation by Danette Glassy, MD</i></p>	<p>Ebola – Filoviridae Virus, 4/5 strains cause human disease. The animal reservoir is unknown, but may be bats.</p> <ul style="list-style-type: none"> • Current outbreak is in West Africa – over 21K cases in current outbreak with almost 9K deaths; spread to countries outside West Africa got the media involved. • It has been more than 21 days since there was a case outside of West Africa • Incubation period 2-21 days, usually 8-10 days • Nausea, vomiting, fever, headache, muscle aches, bleeding • Recovery depends on clinical support and the patient's immune response • Spread only through contact with infected body fluids • Prevention through avoidance and handwashing with soap and water or alcohol-based hand sanitizer • Children view the media and sense the hysteria, but have no context for that. How do you talk to children about things that they have no control over? Website provides guidance. <p>Enterovirus D68</p> <ul style="list-style-type: none"> • Media coverage of this illness caused concerns nationwide. • One of more than 100 non-polio enteroviruses, usually in summer and fall, spread through secretions including airborne • Fever, runny nose, cough, and sometimes wheeze – very common symptoms so you don't know what you are looking at. 	<p>Links available in the presentation posted to CSHEL website.</p> <p>www.cdc.gov/vhf/ebola/children/index.html</p> <p>www.cdc.gov/non-polio-enterovirus/about/EV-D68.html</p>

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	<ul style="list-style-type: none"> • There was a separate enterovirus that they haven't typed yet, centered in California, which is not the same enterovirus. • Seattle children's did type all the kids in the fall, and they did find a few children, but no one in our state died of this. • Take home point – you don't know what these illnesses are when they show up in child cares and who cares – symptoms are non-specific and present in normal ways • Prevention through handwashing, avoid contact, cover sneezes and coughs, update asthma action plan, clean and sanitize. <p>Influenza</p> <ul style="list-style-type: none"> • Peak was the last week of December. Usually our Influenza A comes in mid-January. Last week, we didn't have as many cases as we had the week before. In April we often get Influenza B • Symptoms – fever, cough, runny nose, headache, muscle aches, sometimes vomiting or diarrhea • Contagious from 1 day before symptoms and for 5-6 days after • High risk populations: under age 2 and children with SHCN (usually respiratory, metabolic SHCN) • Prevent with flu vaccine, washing hands and cleaning and sanitizing • Free, AAP Online course on influenza prevention and control – free online course to get STARS credit – money has now run out, but Danette is now talking to DEL about maybe having funding to support some of these courses • Flu vaccine covers 23-26% of the strain; might not get quite as sick if you get influenza • Double up on handwashing, cleaning, sanitizing <p>HealthyChildren.org</p> <ul style="list-style-type: none"> • Webpage put together by AAP – ebola, enterovirus D68, and Flu – strategies for child care, schools which includes a podcast and most of the previous links. • www.healthychildren.org/english/health-issues/conditions/prevention/pages/Ebola-Enterovirus-D68-Flu-Strategies-for-child-care-schools.aspx <p>Handwashing, Cleaning, Sanitizing</p> <ul style="list-style-type: none"> • All of these are illnesses are not treatable – they all require supportive care • Best thing we can do is prevent them by doing these three important things: handwashing, cleaning, sanitizing (and immunizations for flu) • We don't know what illness children have based on just the symptoms. <p>Sue White won the book – Managing Illness 2nd edition</p>	<p>Very reader-friendly document on influenza www.aap.org/en-us/documents/childrendisasters_health_and_safety_fact_sheet.pdf</p> <p>http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Children-and-Disasters/Documents/Parent_Flu_Letter_Final.doc</p>

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<p>Other Updates from Danette Glassy</p>	<p>Worldwide – “Road to Dignity” United Nations – comment by January 30, 2015</p> <p>National – CACFP – proposed changes and need public comment by mid-April. See https://www.facebook.com/nationalCACFP for a summary of changes (also on page 8 and 20 of the 92 page document) – take a moment and make comments, comment here www.surveymonkey.com/s/ttdg29g</p> <ul style="list-style-type: none"> • Adrienne is putting together some suggested remarks and will post on CSHEL advocacy pages <p>Caring for Our Children Basics – ACF establishing a floor of child care regulations, public comment due by February 17</p> <ul style="list-style-type: none"> • Goal so all child cares, head starts, etc have the same rules nationwide – voluntary set of minimum health and safety standards for early care and educational settings • www.federalregister.gov – website 12/18/2014 – comment period ends 2/17/2015 • Many states are far behind Washington in health and safety standards – these are very basic standards, but for places that have no standards, this is a huge step forward for the nation overall. • How does our state stack up against CFCO Basics – our state is overall very good, but there would also be some changes for us – such as medication training being provided by a health professional <p>WashingtonState –</p> <ul style="list-style-type: none"> • Early Start Bill – bipartisan bill to improve access and quality through <ul style="list-style-type: none"> ○ Improved continuity of care with 12 month authorization for Working Connections subsidies ○ Sustains and grows Early Achievers ○ Honors parent choice for a mixed delivery system ○ Supports workforce with financial resources and pathways to reach educational requirements ○ This is a way for our state to fund QRIS ○ Recommend everyone email representatives and senators and let them know that you hope the Early Start Bill has and continues to have health and safety in it. • www.leg.wa.gov to find your senators and representatives <p>Head Start’s Early Childhood Learning and Knowledge Center http://Eclkc.ohs.acf.hhs.gov/hslc Crosswalk of CFCO and head start performance standards</p>	

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Further Discussions	<p>Afternoon topic –</p> <ul style="list-style-type: none"> • Tool for early achievers (ECCRS) is flawed as a tool – screening tool, but not supposed to be used as a checklist - UCFS checklist “national health and safety checklist – tied to caring for our Children (supposed to be done in about 1 hour and 45 minutes – can set it up on the computer) <p>Future topic -</p> <ul style="list-style-type: none"> • Does STARS Basic 30 hours training have enough Environmental Health content? 	
Next Meeting	Next scheduled CSHEL meeting will be May 15, 2015 at PSESD, Renton.	