



CSHEL

Minutes for September 20, 2013

CSHEL develops, promotes and advocates for quality child health and safety in early learning settings in Washington State.
Recorder: Michaela Horn

Present: Karen Anderson, Pam Baumgartner, Amy Blanchard, Jill Carpenter, Heidi Collins, Libby Cruikshank, Nancy Delarson, Cate Fairhead, Gail Gensler, Jennifer Helseth, Megan Holmes, Darcy Hermoso, Michaela Horn, Claudia Hume, Robin Kennepah, Peggy King, Julia Kintz, Suzanne Kohaya, Katy Levenhagen, Jerri Miller, Kimberly Moore, Cathe Paul, Sharon Shoenfeld-Cohen, Nancy Tarara, Sue VanWinkle, Karen Weidert, Caitlin Young

COALITION FOR SAFETY AND HEALTH IN EARLY LEARNING

TOPIC	DISCUSSION	ACTION / DECISION
Member/Agency Updates	<p>Jerri Miller (PHN, Yakima HD) – will do private consulting when she retires</p> <p>Micha Horn (Environmental Health Specialist, Snohomish HD) - To receive Snohomish Health District newsletters about 2x per year – email mhorn@snohd.org</p> <p>Gail Gensler (Environmental Health Specialist, Hazardous Waste Program Seattle-King Co Public Health) –</p> <ul style="list-style-type: none"> • December 4th – public forum on Kids Environmental Health put on by Collaborative for Health and the Environment (CHE-WA) – All day event in Tukwila, reproductive health • Another training in Tukwila coming up Oct 17 – Toys, Crafts, Chemicals and More (almost full) • Wanted to give special dibs to Head Start and ECEAP – Tailored trainings for site • King county will institute a medication take back program, will be law • Gail offers STARS trainings to child cares and then they are offered a free on-site consultation <p>Sharon Shoenfeld-Cohen (Hazardous Waste Program Seattle-King Co Public Health) - works with Gail</p> <p>Kim Moore – Washington State Department of Health – Working on several different grants - renew ECCS (Early Childhood Comprehensive Systems) grant; Essentials for Childhood Project grant; working with Public Health Seattle-King Co and UW on nutrition and physical activity grant</p> <p>Peggy King (Private Health Consultant) – just received a national contract to help AAP develop a virtual child care based on Caring for Our Children</p> <p>Suzanne Kohaya (PSESD ECEAP interim Nutrition Manager position) - PSESD going through reorganization - merging HeadStart and ECEAP and expanded.</p> <p>Jennifer Helseth (ESD 113 Grays Harbor) - baby due Nov 4</p> <p>Cate Fairhead (PHN, Seattle King County Public Health) – New public health nurse</p> <p>Megan Holmes (Seattle King County Public Health) new mental health consultant with SKCPH</p> <p>Nancy Tarara (PHN, Benton-Franklin Health District) – trainings, ECEAP review year, \$80/hr consulting costs, IT project another 2 years, Early HeadStart all home based now,</p> <p>Heidi Collins (Private Consultant) – Joined IT team in county</p> <p>Update from Trang Kuss (DOH) –</p> <ul style="list-style-type: none"> • annual immunization status report due Nov 1 – Licensed child care centers, licensed preschools (including those at public and private schools), Head Start, ECEAP – forms are available online • Individual Vaccine Requirements Summary – School Year 2013-2014 can be found at http://www.doh.wa.gov/Portals/1/Documents/Pubs/348-284-IndividualVaccineRequirements2013-14.pdf 	

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Depart. of Early Learning Update	No representative from DEL present at this meeting.	Access DEL updates at http://www.del.wa.gov/publications/communications/#updates
Medication Grant Update by Cathe Paul	Grant is through AAP Community Pediatric Foundation of Washington; goal is to set up medication training for child care providers that is web based. Speaking with DEL and Child Care Aware – providers will go to CSHEL website, be directed to AAP website to take training, then send certificate to Cathe Paul, connect with her (phone or email) and send her at least one question about the training. All answers will be compiled by Cathe and sent to all providers taking the trainings via a listserv. Also, the Foundation would like some means to extend the training and make it sustainable – training will be free. Cathe will look for 3 other STARS certified nurses across the state to do a consultation on-site with an assessment to see if the training made any difference. Will also connect the nurse with the child care provider. Will make assessment visit worth STARS credit (1 extra credit). Only enough money to do 8 assessments. Marketing – tried to get into WAEYC conference in November but all exhibits are full; idea to market through Child Care Aware newsletter.	
MERIT Trainer Approval Board Update by Cathe Paul	Cathe is going to the meeting; there is no health person on their trainer approval board – MERIT is looking for someone to review applications of those who are applying to teach health. Currently some approved MERIT trainers are teaching health classes who are not health people.	
Nursing CEUs Update by Cathe Paul	Cathe will send out document explaining how a nurse now gets CEUs. All nurses going to this CSHEL meeting can document that they are going to this meeting, and they can get credit for meetings. Certificates will be posted on the CSHEL website that nurses can download and keep for their records. Can also get STARS credit for this meeting by submitting to MERIT.	
CTG Child Care Update Update by Katy Levenhagen	Community Transformation Grant (CTG) – nutrition and physical activity in child care grant – administered by Seattle Children’s Hospital in partnership with King County. Premise is to train child care provider on nutrition and physical activity and offer consultation to them. Goal is policy and systems changes. Did some focus groups before offering trainings – child care providers were most interested in physical activity but did not want trainings on mealtime socialization. Offered 3 Early Learning physical activity trainings, 4 menu planning and cooking trainings, an outdoor play training (w/Nicole DeFrank) with focus on natural playscapes. Coming up – partnering with King County Library System – infant toddler feeding practices; in November – wellness mini-conference. Trainings have been very well attended – they are free and on good health and safety topics. No less than 50 people signing up for each class. Grant is CDC funded with emphasis on deliverables and outcomes so they are doing post training surveys. Results find that providers still need work in developing menus and posting them for parents, children serving themselves, using alternatives to junk food for celebrations, juice being served, not seeing fruits and veggies for snack; positive responses found to offering 1% milk, adults sitting at meal times, and physical activity practices.	

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<p>Emergency WAC Rule Changes</p> <p><i>Presentation by Micha Horn</i></p>	<p>Food Safety - In May 2013, the new Washington State Food Code went into effect. The Washington State DOH updated the Food Worker Manual to go with the new food code. Some of the changes to the food code include the addition of cut leafy greens and cut tomatoes to the list of potentially hazardous foods, clarification about washing produce under running water, hot holding temperature changed to 135°F, and a requirement that license-exempt preschools preparing food require a permit, among other changes.</p> <p>DEL has put in an emergency rule change to align the center and school-age WACs with the new food worker manual http://www.del.wa.gov/laws/development/foodworker.aspx. The family home child care WAC already references the Food Worker Manual.</p> <p>These new DEL regulations will be enforced by licensors who have little or no training on food safety practices. Licensors will need training and proper equipment in order to enforce the standards. Group discussed that training should be provided by food safety experts at Washington State Department of Health in partnership with Local Child Care Health Consultants with expertise in Child Care environments.</p> <p>Contagious Disease Rules - DOH recently revised its WAC 246-110-010 which addresses local health officer authority to deal with contagious diseases in group care settings (schools, preschools, child care). An email sent out to licensed child care providers this summer was confusing to child cares and did not clearly reflect the intent of the WAC, making it seem as though the exclusion criteria for such conditions as lice and pink eye were changing, when they were not changed in the child care center WACs.</p> <p>Suggestion was made by CSHEL that DEL needs a licensed health professional on their staff in their administrative offices (they have 3 health specialists in the field). Additionally, DOH needs to have one central person who will deal with child care health issues who is the connector and communicator with DEL – to help eliminate confusion and ensure child care providers get accurate health messages. Public comments on this emergency rule change are due on September 25th.</p>	<p>CSHEL members should draft comments stating that licensors will be required to enforce these new standards and need training and equipment to do so.</p>

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<p>ADA / Diabetes/ Epi-Pens</p> <p><i>Presentation by Peggy King</i></p>	<p>Leadership discussed inconvenience of CFOC guidelines around Children with Special Care Needs. What laws exist for addressing medications and these kids? Peggy wants to frame the questions to address.</p> <p>What are reasonable accommodations and what does the law say? This comes up often for children with diabetes and for children with certain seizures. What does the law say about accepting these children into care and administering medications to them. HeadStart programs in public schools need to meet not only federal law, but also School District rules, which may be in conflict.</p> <p>There is now a 16 page document that has all these answers.</p> <p>Peggy asked the group about what questions come up.</p> <p>Who absolutely must follow ADA? ADA requires reasonable accommodations – do you have to take a child with diabetes?; Who does ADA apply to? Does the ADA apply to child care centers? (see page 10 of the 16 page document)</p> <p>Who must get a PDA (parent designated administrator)? Only for diabetes. A PDA does not operate under a nurse’s license – it is the parent who trains the administrator. Seattle’s Children’s Hospital does a caregiver training once a month on a Saturday. In child care it is the parent teaching the child care provider to do these procedures – so the child care provider is the PDA. There are many cases where no provider at a site wants to be the PDA, due to the complications surrounding counting carbs, doing calculations, administering insulin and maybe drawing up insulin. PDA must be voluntary (for this the law is clear).</p> <p>Epi Pens – new law that you can get an epi-pen without a prescription. ESB5104.E (Senate Bill) http://apps.leg.wa.gov/billinfo/summary.aspx?bill=5104 “School districts and nonpublic schools may maintain at a school in a designated location a supply of epinephrine autoinjectors based on the number of students enrolled at the school. A physician may prescribe epinephrine autoinjectors in the name of the school district or school to be maintained for use when necessary....” This may be cost-prohibitive for child cares since epi-pens are expensive and must be routinely replaced. Question – does “non-public school” include child cares? Law came out of Early Learning and K-12 committee in the legislature. Does not address where they are stored.</p> <p>Where do we want to go with medications information for this year at CSHEL meetings? Here are ideas:</p> <ul style="list-style-type: none"> • Individual health plan (IHP) standardization for all child care/early learning for the state • Training for doctors on what an IHP for child cares should contain • Diabetes educational specialist from Children’s Hospital to come to CSHEL (expensive so we may need to take up a collection or get a grant) • Someone with legal knowledge about ADA and who needs to follow it and what is reasonable accommodation (attorney and/or Wa State Attorney General) • Are there other states that are ahead of ours in terms of sorting out the regulations 	<p>CSHEL should look into having a person from Children’s Hospital come and do the PDA training for the CSHEL group.</p> <p>Suggestion to keep track of incidents where there are ADA concerns (like children being denied school because of diabetes, etc).</p>

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TOPIC	DISCUSSION	ACTION / DECISION
Co-Chair Needed	CSHEL Committee continues to need a Co-chair. Full CSHEL group has only 3 meetings per year.	Please strongly consider serving in this capacity.
Next Meeting	Next scheduled CSHEL meeting will be in January at PSESD, Renton.	