

Minutes for May 17, 2013

Recorder: Michaela Horn

Present: Linda Albert, John Allen, Pam Baumgartner, Nancy Bernard, Amy Blanchard, Heidi Cross, Carly Derrick, Nicole DeFrank, Ellen Flamiatos, Gail Gensler, Danette Glassy, Jennifer Helseth, Darcy Hermosa, Michaela Horn, Claudia Hume, Lowest Jefferson, Mark Kastenbaum, Robin Kennepah, Peggy King, Julia Kintz, Suzanne Kohaya, Trang Kuss, Yvonne Lewis, Gerri Miller, Lauri Milner, Jeni Nybo, Aleksa Overby, Cathe Paul, Marie Savage-Hopfauf, Alba Suarez, Nancy Tarara, Karen Weidert

| TOPIC | DISCUSSION | ACTION / DECISION |
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| <p>Welcome and Introductions</p> | <p>Introductions Review agenda and minutes</p> | |
| <p>Member/Agency Updates</p> | <p>Department of Early Learning (Mark Kastenbaum) – One of health specialists, Health specialists attended playground inspector training and are Certified Playground Safety Inspectors,</p> <p>Department of Health Office of Immunization and Child Profile (Trang Kuss) –</p> <ul style="list-style-type: none"> • State BOH WAC 246-110 (communicable diseases and local health officers role in control) has a proposed rule change and DOH is seeking comments by June 4; Pinkeye and head lice were removed and cryptosporidiosis and STEC were added. • The training video for immunizations for child care will be available at the end of May. Trang will let us know when that will be posted. Plans on offering a STARS training for child care providers on immunizations in the fall. • School immunization coverage and exemption data will be released at the end of May along with a news release. Will be posted on web page. Exemption rate stayed same as previous year. Office is still working on analyzing child care data. • Religious organization exemption were very low (<1%). Most parents wanting exemptions are getting health care provider's signatures for exemptions. <p>Department of Health Healthy Starts and Child Development (Lowest Jefferson) –</p> <ul style="list-style-type: none"> • Thank you for supporting DOH on grant. Working on another grant related to child mistreatment. • Also working on an infant safe sleep campaign. Will be asking for reviews of posters for campaign. • Health Eating Active Living is working with UW to provide a STARS training and will soon be available. Active Bodies Active Minds (UW) has a website on reducing screen time. • DOH has an opening for a public health nurse working with special needs children. | <p>Access DEL updates at http://www.del.wa.gov/publications/communications/#updates</p> <p>Comments for WAC 246-110 due by June 4, 2013.</p> |

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| | <p>Public Health King County (Ellen Flamiatos) – Filled both positions that were vacated by Nancy and Julie – 2 new nurses. Hired a social worker who will start on May 28th funded through Step Ahead levy program.</p> <p>Snohomish Health District (Micha Horn) – continuing to provide distance learning STARS training, updating classes to meet MERIT requirements (www.snohd.org)</p> <p>Kitsap County (Darcy Hermosa) working with health department about obesity rates –developing online tool kits.</p> <p>Cathe Paul (private nurse) - working with a MERIT advisory group to provide input about what is working and what isn't; one of the big things is the lengthy process to get certified; also increasing the number of state-approved trainers, diverse pool of trainers. Cathe is pushing for guidelines on who is going to be able to teach what class (for example, medication management). There is a system for reviewing classes – Cathe is looking at working to get someone with a health background to review health classes.</p> <p>Local Hazardous Waste King County (Gail Gensler) –</p> <ul style="list-style-type: none"> • Eco-healthy Child Care program is growing, Gail is teaching classes and then doing a walk-thru at the child care, King County is able to give follow-up money. Talking about making a video to show what will be taught in the class. • Gail helps facilitate CHE-WA work group – will be having a seminar on December 5th. Looking for sponsors. New things – state Department of Ecology has a list of chemicals of high concern in children's products and companies have to report if their children's products have these chemicals. 5000 products are listed already (personal care products, clothing, car seats, crafts projects, etc); • Nap mats – Washington toxic coalitions did a research expose on vinyl mats, found anti-microbial treatments, PVC, and flame retardants in nap mats. • Washington state legislature is working on law prohibiting flame retardants in children's products. Debate is going on right now. <p>CSHEL (Peggy King) – CSHEL is going to provide its own on-line STARS class on adult immunizations based on training developed by Snohomish Health District and Immunization Action Coalition of Washington.</p> <p>AAP – Community Pediatric Foundation of Washington (Danette Glassy) –</p> <ul style="list-style-type: none"> • Pediatricians are working to get health insurance to cover important medical issues for children through Medicare; • CSHEL is a band of volunteers with CPF as a fiscal agent. Projects are Community Pediatric Foundation of Washington (affiliated with AAP), which has recently changed | |

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| | <p>name to Best Start Washington. Goal is to continue to seek out funding</p> <ul style="list-style-type: none"> National AAP – Head Start Health Center is housed at the AAP and is convening advisory group for first time in June. AAP made a curriculum for Pediatric First Aid (PedFacts.org) which is specific for infants and children. You can sign up to be an instructor for \$5.00 and certify people in First Aid. Great for child care providers. Peggy suggested that PedFacts be proposed to DEL to be an accepted first aid card. Give away book for this meeting is Managing Chronic Illness in Child Care Settings <p>Head Start/ECEAP (Suzanne Kohaya) –</p> <ul style="list-style-type: none"> CSHEL-WA has a You-Tube Channel – CSHELWA – 2 videos so far Understanding the Expanded Food and Nutrition Education Program and Preschool Child Care Immunization Requirements. On Puget Sound ESD front – going through huge reorganization – merging to become early learning program with total of ~4400 slots total for early learning. DEL is revising the ECEAP performance standards and is putting out sections for comments <p>HeadStart ECEAP and Child Care (Jennifer Helseth) – based in Olympia</p> <ul style="list-style-type: none"> Involved with WAC revision for DOH Communicable Disease. Will be involved with Immunization WAC also. Lost slots through sequestration and staff have non-contract days. Had to close one of full day child care sites (converted to part day site) <p>Benton-Franklin Health District (Nancy Tarara) -</p> <ul style="list-style-type: none"> Busy w/ECEAP - sending notes to parents that still need kindergarten immunizations; numbers look good here for ELMS. Have a STARS class on Tuesday for child care providers re: immunizations, yearly Status Report that most providers are not filling out that is due in November. Still waiting to hear from MERIT for approval as the immunization class is only a one time class. Early Head Start is in the middle of changes: I will have a new coordinator & assistant to help me soon! Also busy w/infant Toddler Pilot Project w/Child Care Aware. Visiting a new center today that needs some help. | <p>Will seek Department of Early Learning approval for PedFacts First Aid course.</p> <p>To view videos, go to www.youtube.com and search for CSHELWA</p> |
| Cleaning, Sanitizing, and Disinfecting | <p>Presentation by Dr. Danette Glassy and Nancy Bernard on cleaning, sanitizing, and disinfecting in light of the new bleach concentration (8.25%) available on the market. This bleach is replacing the 5.25% to 6% bleach that has been used in child care settings.</p> <p>The current child care WACs reference bleach as a disinfectant and sanitizer, but do not specify a concentration. Recipes included in the WACs are for the 5.25%-6% bleach. If providers use the</p> | |

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| | <p>recipes they have previously been using, and those that are written in WAC, the concentration of bleach water would be too strong. There are many questions from child care providers and child care health consultants regarding what recommendations to make regarding sanitizing and disinfecting, either with bleach and water solutions or with other products on the market.</p> <p>Danette Glassy, MD, FAAP – Co-chair of executive committee for CFOR 3rd Edition. See updates to Caring For Our Children (CFOC) at www.nrckids.org.</p> <p>Changes to bleach concentrations have forced us to examine the CFOC bleach recommendations. CFOC describes differences between cleaning, sanitizing, and disinfecting. Old CFOC 2 only had cleaning and sanitizing. There are many germs that sanitizing does not control adequately, so CFOC added disinfecting. There is very good evidence that it is important to do. Also involved in this update were Larry Pickering (chair of Red Book committee) and Steven Eng (environmental committee chair).</p> <p>The new CFOC 3rd edition Appendix J was sent out to everyone. CFOC decided to drop the bleach recipes and recommends using only EPA registered product according to the manufacturer instructions.</p> <p>Problem:</p> <ul style="list-style-type: none"> • Household Bleach now comes in higher concentrations, with scents added, with thickeners added (surfactant) and if these new forms are used, they may be dangerous or ineffective. • WAC requires use of bleach with a specific recipe • CFOC 3 has dropped a bleach recipe as recommended product to use for sanitizing and disinfecting, and instead recommends using EPA registered products that are used according to manufacturer’s directions <p>Danette suggested a proposal to change the WAC according to CFOC3. CPFW in collaboration with CSHEL will seek funding to prepare info sheets and provide training.</p> <p>Nancy Bernard – K-12 School H&S EHS – Presentation of the guidance she provided to OSPI</p> <ul style="list-style-type: none"> • Influenza, Norovirus, C. diff, MSRA, Pertussis – main issues in schools right now • Zoonotic diseases in schools – salmonella, psittacosis, rabies, WNV, Hantavirus, etc. • The Basics – Wash hands with soap and water, cover coughs and sneezes, avoid touching nose, eyes, mouth, stay out of spit zones, good ventilation, etc. • Soaps and hand sanitizers should be fragrance free, no antibiotic (Triclosan). FDA website “agency does not have evidence that triclosan in antibacterial soaps and body washes provides any benefit over washing with regular soap and water...” Triclosan is a known endocrine disruptor. | <p>See updates to Caring For Our Children at www.nrckids.org.</p> |

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| | <ul style="list-style-type: none"> • Quat based hand sanitizers are not recommended by CDC and not effective by FDA, but are being promoted in schools; Alcohol-based hand sanitizers are only ones with proven efficacy, but are not effective on dirty hands. Handwashing remains the best option. • Center for Food Security & Public Health Iowa State University Chart (www.cfsph.iastate.edu) • “Natural Products” are highly sensitizing - Thymol, Pine Oil, D-Limonene, Silver Ion compounds (environmental concerns, absorption concerns), Quats (known asthmagens, there are automatic dispensing systems available for these products which helps ensure proper mixing), Peroxides (San Francisco recommends these products, much more expensive), Electrolyzed water devices (splits water into H and O, not proven effective, maybe producing heavy metals from the process) • Bleach (effective, can cause problems, but less problems than almost anything else) • Bleach dilutions for 8.25% bleach concentration needed as the 6.25% bleach will be gone according to bleach industry – only use unscented plain bleach. • Higher concentration needed for blood spills, diarrheal stools, rodent droppings of 6000 ppm bleach (usual 1:10 solution 1 part bleach to 9 parts water) – for 6.25% use 1.5 cup bleach/1 gal water or for 8.25% bleach 1:12 – use 1.25 cups bleach per gallon water <p>To meet L&I requirements, an eye wash is needed when mixing bleach. These are starting to be installed in restaurants. Expect that they will be required in child cares that use bleach. Portland has pump process for bleach – but the problem with these is that the pumps degrade with bleach and leads to faulty mechanism and then improper concentrations.</p> <p>Suggested proposal from several in attendance at this meeting: DOH should work on determining what the recommendations will be for Washington State based on current science, then get agreement with DEL that this is what Washington State will use. Child care providers and health consultants need some guidance. There should be some consistency of messaging throughout the state. Hopefully something simple, concise, and easily understandable can be determined.</p> | |
| Next Meeting | Next scheduled CSHEL meeting will be in September at PSESD, Renton. The September date is not yet set. Usually 3 rd Friday (Sept, Jan, May). In November and March Headstart ECEAP does a long session. Date will be sent out on the website once finalized. | |