

Minutes for September 21, 2012

Recorder: Michaela Horn

Present: Liz Beeles, Amy Blanchard, Heidi Collins, Libby Cruikshank, Nicole DeFrank, Gail Gensler, Naomi George, Danette Glassy, Jonathan Green, Paul Ihle, Peggy King, Julie Kintz, Suzanne Kohaya, Trang Kuss, Jeni Nybo, Julie Parker, Cathe Paul, Sara Jaye Sanford, Nancy Tarara, Sue VanWinkle, Karen Weidert, Caitlin Young.

TOPIC	DISCUSSION	ACTION / DECISION
Welcome and Introductions	Introductions Review agenda and minutes	Minutes approved.
Immunization Update <i>Update by Trang Kuss</i>	<p>Reminder about upcoming Annual State Immunization reporting that is due by November 1st. New method of getting reporting in this year – asking child cares to mail a hard copy of the reporting card. Working on a new system, and starting with schools this year. Considering whether to allow child care providers to enter information electronically as an option.</p> <p>Question – how are child cares notified that the reports are due? No longer sent out by mail. Notified via listserv from DOH, information shared with DEL, CSHEL, and Child Care Aware. Question about whether child care health consultants routinely check immunization records at the child cares they serve? Generally, most providers do not have their health consultants review records. Many child care providers have a difficult time determining if the children are up to date.</p> <p>Libby Cruikshank stated that she is still seeing a lot of children not receiving their 4th Hib. Trang will make information available to the local public health agencies. Suggestion to also include community health clinics. Nancy Tarara has seen doctors deciding that they no longer need to give 4th Hib or 4th PCV because “children do not get these diseases after age 4.”</p> <p>Snohomish Health District is planning on putting together a course for 2013 to teach child care providers how to review immunizations, organize records, and do the annual report.</p> <p>Pertussis Epidemic More than 4000 cases as of beginning of September. Letter was sent out within the last month to child care providers encouraging them to get vaccinated for Pertussis. Trang is working on putting together notification letters for schools and child care providers (based on King County). Exposure guidance also being developed. Trying to make one place on the website for schools and child cares to go to access these template letters and other Pertussis information.</p> <p>Danette – CDC is in the state tracking cases and trying to learn more about the immunization efficacy (length of protection from Tdap).</p>	

COALITION FOR SAFETY AND HEALTH IN EARLY LEARNING

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<p>Distance Learning Course</p> <p><i>Update by Sara Jaye Sanford</i></p>	<p>Distance learning course on immunizations jointly prepared by Immunization Action Coalition of Washington and Snohomish Health District was administered to providers across state from August 1st – 20th. Snohomish Health District administered course for Snohomish County participants. IACW provided it for the rest of the state. Providers needed to read text and complete a test/assignment. Over 650 providers across the state have completed the course. IACW provided a list of contacts and locations for immunization clinics locally for each participant, along with personalized feedback.</p> <p>Colombo Fernandez and Sara Jaye will be presenting on immunizations at the WAEYC conference.</p>	
<p>Immunization Hesitancy Project</p> <p><i>Update by Danette Glassy and Peggy King</i></p>	<p>Survey on immunization hesitancy was sent to child care directors. Used a standardized tool to determine vaccine hesitancy among child care providers. Just published – “Washington State Licensed Child Care Facility Directors’ Perspectives on Childhood Immunization” Doug J. Opel, et al. Journal of Pediatric Infectious Diseases Society, pp. 1-20, 2012. Survey went through IRB, so it was validated. DOH also did a survey, but it was not validated. Hesitancy is very high.</p> <p>Same survey is being used now with child care providers. Working with a group in Benton Franklin county, Island county, King County – to address hesitancy issues to see if they can reduce them. Using same curriculum that IAC and Snohomish County used, but adapted for in person education.</p>	
<p>Member/Agency Updates</p>	<p>Puget Sound ESD - HeadStart (Libby Cruikshank) – Focusing on school readiness goals. HSN coordinators are checking immunizations and health histories. Libby is now the Peer Health Manager – parents are taught a script and teach other parents about literacy, screen time, reading, and how to use HealthWise handbook. Focused heavily on oral health right now. Many position changes right now.</p> <p>Puget Sound ESD – ECEAP (Suzanne Kohaya) – Implementing ELMS; about 21,000 slots, HeadStart and ECEAP are merging – which is changing how ESD is doing things. 2 ECEAP sites are participating in a gardening project using inside grow lights with help from Master Gardeners.</p> <p>IACW (Sara Jaye Sanford) – Housed with WithinReach (parent organization) http://www.withinreachwa.org/.</p> <p>Seattle King County Public Health (Julie Parker) – May become involved with developmental screenings (Help Me Grow). Involved in year 2 of Infant Toddler project with DEL. Taking out Pediatric Residents with WA PLAY project. Katy Levenhagen has presented free physical activity workshop – had to turn people away there was so much interest. Will be hiring 2 nurse consultants – to replace nurses on the team who are leaving (Nancy Wessenberg and Julie Parker). Working on getting someone to be a MERIT trainer.</p>	

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	<p>Jeni Nybo (Tacoma) – continuing to consult with 13 centers.</p> <p>Kitsap County HeadStart (Sue VanWinkle) – Seeing many more serious food allergies</p> <p>Benton Franklin Health District (Nancy Tarara) – ECEAP had good in-service. 216 enrolled, 4 on EpiPens. 1st of 3 HAC meetings on Monday. Have an MD and Dentist on committee now. Had training for ECEAP on ELMS system. Waiting to put data in. Screening start next week for dental and in October for vision and hearing. Like the new camera “SPOT” from Pediavision & EHS & HS now also have cameras. Good results. Has increased the number of referrals. Last year I had 39 referrals for vision & 19 got glasses. Still in process of STARS application. Air quality is terrible, schools and child cares open. Cashmere schools closed. Building ventilation varies, but not a big absence rate. Seeing cold signs and coughing. (Karen Weidert) – Have completed 2/3 Training – Adult immunizations: Protecting Teachers & Children in Child Care – well received. Still waiting on MERIT certification.</p> <p>Seattle King County Public Health – Local Hazardous Waste Program (Gail Gensler) – Working to reduce toxic exposure to kids; Eco-healthy child care program – trainings coming up – WAEYC conference in October; may be a training in Bellevue in October. Gail is going into child cares now and is learning about what the child care’s challenges are. Still working on MERIT certification. 2 child cares are qualified, but still need to go through endorsement and 2 more are very close. (Under 20 in whole county). Eco-healthy fact sheets are on-line for child care providers Working on 2 other projects in 2013 – 1) Focus groups with moms – where do you get information, top priorities. If you have groups of moms, let Gail know. 2) Co-facilitator for CHE-WA – meet monthly, will have big public forum in 2013.</p> <p>Pesticide-free and pesticide reduced park locations are on website (www.hazwastehelp.org/pesticide-freeplaces); Drug/medication take-back programs also in place and event coming up (www.takebackyourmeds.org).</p> <p>Peggy King, Private Consultant – no update</p> <p>Danette Glassy, Pediatrician – Conversation with Maternal Child Health Bureau – they have an interest in QRIS so that it is inclusive of health. May be some national summits on this.</p> <p>PedFacts – Danette has been working on editing PedFacts, which is a system of teaching teachers and caregivers Pediatric first aid. To become an instructor for PedFacts costs \$5.00. Includes a manual. Very specific training on how to give medications – visual and written. www.pedfacts.org.</p> <p>If you hear of grants that might be child care specific, let Danette know so that CSHEL can be a part of it and get funding. Community Pediatric Foundation of Washington may change its name.</p>	

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	<p>Snohomish Health District (Micha Horn) – continue to investigate pertussis cases in child cares; continuing to provide distance learning classes which are very well received – have about 100 providers complete each monthly course; Micha received MERIT approval; will do outreach project on communicable disease prevention in unlicensed preschools.</p>	
<p>Department of Early Learning Update</p> <p><i>Update from Jonathan Green</i></p>	<p>Race to the Top / Early Achievers - Expanding out to more child cares; piloting several ECEAP and HeadStart sites for Early Achievers.</p> <p>Waiting to see what happens with elections this year to see what happens in terms of getting a new governor, ECEAP expansion bill, universal preschool, etc.</p> <p>ECEAP – new ELMS (Early Learning Management System) database; are building it as they go – web-based system. Collecting a lot of good information.</p> <p>Working on ECEAP performance standard revision. Will still need to go through rule-making process. New round of program reviews.</p> <p>Health Specialist – Hazel Philp has left Department of Early Learning.</p>	<p>Access DEL updates at http://www.del.wa.gov/publications/communications/#updates</p>
<p>Co-Chair Nomination</p> <p><i>Update by Peggy King</i></p>	<p>We need a co-chair for the committee to serve with Peggy King for the remainder of this year and next year. If you would like to be nominated, email Heidi Collins. If you have questions, contact Peggy. Voting will be done by email.</p>	
<p>Website</p> <p><i>Update by Cathe Paul</i></p>	<p>Turned in pages of updates, which is done, but needs a bit more revision.</p>	<p>If you find something that could be improved at the website or if you have pictures, send to Cathe. c.paul@cshelwa.org</p>
<p>Cribs</p>	<p>DEL has done rule change request to come into compliance with CPSC for cribs for centers – proposed WAC change is 170-295-4100</p>	
<p>Safe Sleep</p> <p><i>Update by Danette Glassy</i></p>	<p>Safe Sleep Standards from Caring For Our Children (including an update, which came out after CFOC was published). Best practice is the ideal world, but we work to inspire people to do the best they can with the resources they have.</p> <p>CFOC Standard 3.1.4.1 – There should be training and documentation for all who care for children in group settings – should be a written policy,</p>	<p>CFOC Safe Sleep Standards can be found at http://www.nrckids.org/spinoff/safesleep/safesleep.html</p>

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	<p>Standards include:</p> <ul style="list-style-type: none"> • Infants should be placed on back unless signed waiver by child’s PCP; has greatly reduced the risk of SIDS. • Safe sleep environment – tightly fitted sheet on a firm mattress in a safety approved crib • No positioning devices should be used • No other items aside from a pacifier • No sleeping in car safety seat, bouncy seat, bean bag chair, swing, play yard, futon, etc.... • If infant arrives in car seat or falls asleep in other equipment, must be moved to crib • Only one infant per crib • No stackable cribs • No soft or loose bedding (bumpers, pillows, quilts, stuffed animals, etc) in the crib or hung on side of cribs • Toys, mobiles, etc – kept away from safe sleep environment • Temperature of room should be comfortable for lightly clothed adult • Sleeping infant should be observed by sight and sound at all times • Bedding should be changed between children, mats cleaned between uses <p>Child care is a different setting than in your home; usually don’t have newborns. What you learn in the newborn nursery at the hospital is not necessarily what the child care providers have learned.</p> <p>Swaddling is not recommended in child care settings. Swaddling is taught by newborn nurses and doctors. International group of health professionals has been working for many years to come up with something for parents about safely swaddling infants. Also, International Society for the Study and Prevention of Perinatal and Infant Death (www.ispid.org). Determined that swaddling is safe if it is done properly - tightly, but not too tight, laid on back, infant swaddled from birth, etc. If a baby has never been swaddled and then starts to be swaddled at 3 months, found rate of SIDS was higher. Difficult to generalize for child care providers and very hard to write this into a WAC or educate during a visit. Also issues about liability and who would be liable. Difficult because parents are given information at the hospital, and child cares are given different information.</p> <p>Question – At what point does swaddle become restraint? Has seen 7 month olds tightly swaddled.</p> <p>Question – How do you get rid of all the blankets at a child care site?</p> <p>Scenario from the Field – see that providers are the ones who swaddle all the babies that come through, even if it isn’t the child’s practice at home.</p> <p>Scenario from the Field – doctor who is writing notes for child cares to swaddle babies and sleep them on their stomach. Comment – maybe they have the note from the doctor, but then the provider swaddles inadequately.</p>	

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	<p>Question – Are there resources written or videos on effective swaddling techniques? A group is working with Child Profile to give guidance to parents at home.</p> <p>Comment – Cradle Boards – nothing in the literature about how to safely cradle board.</p> <p>Scenario from the Field - Saw teachers vigorously rocking the crib with blankets coming over the child's face; Trying to meet babies' needs while caring for several infants, but doing so in an appropriate way.</p> <p>Peggy states now that she tells individuals that she is very strict about sleep environments and will only contract with child cares who agree to meet the sleep environment guidelines.</p> <p>Scenario – loose blankets or “blanket” with soft stuffed head in crib</p> <p>Scenario - Baby that died in a Gilbert Arizona Kindercare in the news in September 2012.</p> <p>Family Home WAC states that providers must check every 15 minutes. Various licensing messages being heard from DEL. WAC 170-296A-7100 (home WAC) states that swaddling is not allowed. Center WAC does not address it.</p> <p>Does CSHEL want to put together a position paper? Child care health consultants do not see safe sleep situations in child cares. There are many child cares that do not have a health consultant to provide guidance.</p>	<p>Peggy King will ask DEL if a position paper will be helpful.</p>
Other Business	<p>Julie Parker won the Safe Sleep guidelines door prize. Special thank you to Suzanne Kohaya for all her hard work in keeping us connected.</p>	
Next Meeting	<p>Next scheduled CSHEL meeting will be January 18, 2013, at PSESD, Renton. Next HeadStart/ECEAP meeting will be in November 16, 2012. Email thoughts on topics to Heidi. Ideas include preschool/toddler playground standard interpretations, FNEP, FoodSense.</p>	
Afternoon Session - Lice	<p>Lice Knowing You salon owner, Nancy Gordon, participated in discussion.</p>	