

Minutes for March 16, 2012

Recorder: Michaela Horn

**Present:** Liz Beeles, Kaelyn Bristol, Heidi Collins, Annette Dieker, Nicole DeFrank, Stacy Donovan, Gail Gensler, Jonathan Green, Jennifer Helseth, Lisa Hinton, Michaela Horn, Claudia Hume, Paul Ihle, Lowest Jefferson, Peggy King, Suzanne Kohaya, Katy Levenhagen, Jane Palmer, Julie Parker, Cathe Paul, Sara Jaye Sanford, Nancy Tarara, Sue VanWinkle, Karen Weidert, Janey Yoo.; Visitors: Maddy Paul, Sage Miller

TOPIC	DISCUSSION	ACTION / DECISION
<b>Welcome and Introductions</b>	Introductions Review agenda and minutes	Minutes accepted as written.
<b>Department Of Health</b>  <i>Update by Lowest Jefferson</i>	Office is moving; Lowest is part of a child health workgroup – made comments to DEL re: WACs that are open, Foster care and group care WACs also; Met with DEL rules development regarding family home WAC and made recommendations for changes including definition of non-prescription medication, disinfection, training requirement for medication management, notifiable conditions - reportable diseases to reference reportable disease WAC, handrail height, and some other things.	
<b>Member/Agency Updates</b>	<p><b>Kitsap County HeadStart ECEAP</b> – seeing more Epi-pens/allergies; updating policies and procedures to align with what they are actually doing</p> <p><b>King County Local Hazardous Waste Management Program (Gail Gensler)</b> – doing more work with child care this year; working on EcoHealthy Child Care process; coordinator of Collaborative on Health and Environment (CHE-WA) which addresses how environmental exposures affect children; putting up on line an interactive map for park and open spaces in king county that are pesticide-free</p> <p><b>Public Health Seattle King County (Julie Parker)</b> - New division director is Patty Hayes, who is very interested in early learning (CCHP is within Division of Community Health services). Grant work going well – doing intensive consultation with fewer centers. Updating center health policy so it is consistent with the WAC. Making comments on the center WACs</p> <p><b>Public Health Seattle King County (Katy Levenhagen)</b> - CPPW CSHEL grant is winding down (last week). Grant went well and accomplished all that they set out to accomplish. Best sustainability is through Child Care Health Consultants. Because the grant is ending, Katy's job at King County will be ending.</p> <p><b>Sound to Harbor Headstart/ECEAP (Jennifer Helseth)</b> - Region X Head Start Meeting happening. Amazing amount of health and safety topics.</p>	Maybe CSHEL should spread the word about how the Infant Toddler program is working and that some centers in the state have a separate INC in addition to the ITG consultant

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	<p><b>Snohomish Health District (Micha Horn)</b> - Continuing to see pertussis cases including in child care and school age programs; 200+ providers signed up for Pertussis Distance Learning course offered this month. Snohomish is willing to share the course materials with others. If other health professionals who are certified STARS trainers would like to provide the course, SHD is willing to work with them to share materials with proper credits.</p> <p><b>Puget Sound ESD/HeadStart/ECEAP (Suzanne Kohaya)</b> - Just went through USDA audit – did really well. A lot of changes at PSESD – structural change in agency/merging.</p> <p><b>Benton Franklin Health District (Nancy Tarara)</b> - Karen Weidert is busy visiting all 14 sites with contracts; Nancy is involved w/Infant Toddler Pilot – all need education in handwashing, sanitizing, and diaper changing. Very busy w/ECEAP. Developed new forms for screenings; using new Pediavision camera (55 referrals out of 216). Due to changes in home WACs will have 2 classes for disaster preparedness. We are training providers on “Learn the Signs, Act Early” (CDC grant). Also having pertussis cases.</p> <p><b>Washington Dental Service Foundation Early Learning Initiative (Stacy Donovan)</b> - Will be commenting on the child care center WACS, identified opportunities to incorporate oral health into the WAC.</p> <p><b>Klickitat County Health Department (Jane Palmer)</b> - Question about how linkages are forming around the state with Early Learning Coalitions – in our part of the state, Early Childhood stakeholders are looking at forming a SW WA regional collaborative; in Klickitat county we have no infant toddler care sites only family care. Answer: Infant toddler coalitions were formed regionally; there was no stipulation that health be involved. There should be coalition set up for that region already - on DEL website, go to Infant Toddler Project page – should be able to find contact person for each region.</p> <p><b>Immunization Action Coalition (Sara Jaye Sanford)</b> - Glad to hear about pertussis distance learning course in Snohomish County; Will be holding continuing education course on immunization again later this year</p> <p><b>Bright Beginnings for Kittitas County (Liz Beeles)</b> - Just completed move to our first permanent home which was built in Ellensburg and completed in December. Children and families love new space. Started center based early head start in infant toddler classrooms in February. Will have raised garden beds.</p> <p><b>Heidi Collins, Private Consultant</b> - Seeing 5 centers. Lost one contract. Involved with new North Central Early Learning Coalition. Continuing with Infant Toddler project steering committee.</p>	<p>If you would like to receive a copy of the Pertussis Distance Learning course, email Micha Horn at <a href="mailto:mhorn@snohd.org">mhorn@snohd.org</a>.</p> <p>If others are interested, please contact Stacy.</p>

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<p><b>Department of Early Learning Update</b></p> <p><i>Update from Jonathan Green</i></p>	<p>March DEL update (and other months) are posted on website. Lots of information in update on Race to the Top. Still in the middle of special legislative session so still waiting to hear about budgets; Universal pre-K bill does not appear to be moving forward.</p> <p>Removed service area manager positions – now have a regional administrator position – wanted to streamline connection between regional areas and state office. Added a separate region for Spokane.</p> <p>Couple new ECEAP specialists at DEL.</p> <p>4 health specialists for the state - Hazel Philp and Elaine Diaz (NW), Mark Kastenbaum (SW), Yvonne Lewis (E) – Question about whether health specialists go out before a center is licensed? Hazel Philp emailed in and stated that health specialists go out at the request of the licensors whenever needed.</p> <p>Family home WAC goes into effect at the end of this month. Public comment for Center WAC ends at the end of March. Public comment for school-age WAC is until the end of April. Marcie Hickson is the new Rules Coordinator for DEL. Andy Fernando moved to DOH.</p>	<p>Access DEL updates at <a href="http://www.del.wa.gov/publications/communications/#updates">http://www.del.wa.gov/publications/communications/#updates</a></p>
<p><b>Race to the Top Update</b></p> <p><i>Update from Jonathan Green</i></p>	<p>60 million dollar grant for 4 years from Federal Government; strategic plan made for DEL. There are 4 main areas:</p> <ul style="list-style-type: none"> <li>• WA Kids (kindergarten inventory/assessment tool)</li> <li>• Professional development – MERIT program/STARS</li> <li>• Creating new IT programs to collect Data</li> <li>• Washington Early Achievers (QRIS system new name) – biggest portion of the money</li> </ul>	<p>Can get a lot of information from Fast Fact Sheets which are available on DEL Website (<a href="http://www.del.wa.gov">www.del.wa.gov</a>) - search for "Race to the Top"</p>
<p><b>CCR&amp;R Infant Toddler Curriculum Update</b></p> <p><i>Update from Nancy Vernon per email</i></p>	<p>Clarification from Nancy Vernon received via email prior to meeting: <i>"I have a recent e-mail from Susan Yang to CSHEL, and it appears the e-mail has a typo that leaves out "health" from the topics listed for the trainings, and just lists "safety". In any event, health is a core topic in the infant toddler curricula. The first 7.5 hours of the curricula was recently piloted and the pilot suggests the health section is too long to cover in the allotted time. So rather than condense the health content and risk watering it down, the following steps will be taken for the four hour curriculum being developed this year: For the FFN curriculum, the topics of health and safety will be split, and there will be a separate 2 hour module on health. This is being developed in the current year. Since the other two modules were received well in the pilot, they will remain intact. For the licensed curriculum, health is one of the focal areas in the activities around the overview of the early learning guidelines."</i></p>	<p>Ask any questions to Susan Yang (CCR&amp;R)</p>

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<p><b>Report on Head Start</b></p> <p><i>Update from Jennifer Helseth, Sound Harbor HeadStart ECEAP</i></p>	<p>Office of Inspector General Report came out in December (unannounced reviews). Did 24 sites (not in Washington State). Overview stated that not one of the HeadStart facilities met all the health and safety requirements. 80% had toxic chemicals accessible to children; 70% had open or broken gates to unsupervised areas; 40% had doors propped open; 3 grantees had lost or given up their grant funding after this review. Nothing shocking, but definitely something that is really important for each program to re-visit.</p>	<p>Health &amp; Safety Walk through forms requested – Peggy, Jennifer, and Suzanne all have forms available – idea to put forms on CSHEL website.</p>
<p><b>Report on DOH Food Code Revision</b></p> <p><i>Update from Micha Horn per email from Joe Graham, DOH</i></p>	<p>DOH – projected timeline for WAC implementation process posted on their website; Update on stakeholder recommended changes will be given to State Board of Health in March, then will send out for final public comment after any changes are made. Only one comment was received so far on the preschool rules and that was a request to delay the implementation.</p> <p>WAC draft is posted on DOH website – has definition of a preschool and a separate section (9-5) which is related to preschools.</p> <p>Suzanne Kohaya attended a public meeting in Everett; Janet Anderberg from DOH will be participating in this WAC revision process.</p>	<p>To view WAC changes or see the projected timeline visit <a href="http://www.doh.wa.gov/ehp/food/rulerevision.htm">http://www.doh.wa.gov/ehp/food/rulerevision.htm</a></p>
<p><b>CSHEL 101</b></p>	<p>Reviewed mission statement, purpose, background as stated in the current CSHEL Business Plan. Discussed the need to update the business plan and discuss whether a separate charter or other type of document (bylaws, etc) is again needed to stress active participation in the group. Need to make sure our organizational documents emphasize our current partnerships, attempts to base all recommendations on best practice national standards, and how we plan to make formal and informal recommendations to other agencies and/or legislature. A workgroup will be formed to discuss these and other issues surrounding the group's organization.</p>	<p>Volunteers: Annette Dieker, Julie, Jennifer Helseth, Possibly Nancy Tarara; anyone else interested, contact Cathe Paul at <a href="mailto:c.paul@cshelwa.org">c.paul@cshelwa.org</a></p>
<p><b>CSHEL Meeting with Dr. Bette Hyde</b></p> <p><i>Information from Cathe Paul and Peggy King</i></p>	<p>With all of CSHEL's recommendations, Cathe Paul and Peggy King were invited to meet with Dr. Hyde. Bob McClellan was also in the room. DEL had requested CSHEL's help with how to "educate medical providers on family WACS health and safety." This was a small step in increasing communication between DEL management and health professionals.</p> <p>Issues previously raised by CSHEL members about family WACs were not addressed at this point.</p> <p>Discussed a lot of things – For Race to the Top, discussed DEL buying some curriculum videos and producing some videos – offered that CSHEL could propose a health video; if DEL provided funding for the making of one video, what would we want it to be for health and safety for infant toddler (nutrition, free movement, feeding, relationship based care, medication, diapering, handwashing, etc); Curious how the videos will be used to get STARS credit since they cannot just watch a video.</p>	

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	<p>Bob McClellan acknowledged the relationship between licensors and child care health consultants. He sent Cathe and Peggy a list of all licensed child cares to try to find out who their child care health consultants are. DEL supported, but not financially, that there is a need to find all child care health consultants in order to get some consistency in message.</p> <p>Talked about needing health representation at DEL. They stated that they have the health specialists. Cathe and Peggy brought up the point that they are not health consultants and are still bound by regulation.</p>	
<p><b>DOH Reorganization</b> <i>Update by Lowest Jefferson and Annette Dieker</i></p>	<p>A little more reorganizing (modernizing) has been done. Lowest and Annette are in a section called Access Systems and Coordination, and CSHCN has been added. Will be hiring a nurse who would be doing some work in child health. Coordinate with Environmental Health and any other sections when specific issues arise (such as tobacco, etc). Frances Limtiaco is now with tobacco.</p>	<p>If there are any issues regarding child care health that you would like DOH to address, email Lowest Jefferson at <a href="mailto:Lowest.Jefferson@doh.wa.gov">Lowest.Jefferson@doh.wa.gov</a></p>
<p><b>CDC Training on addressing Childhood Obesity</b> <i>Presented by Annette Dieker</i></p>	<p>Annette attended a training that the CDC put on for this region as part of a state team from Washington. Peggy and Adrienne Dorf also attended. More of a work session than training. CDC came up with a spectrum of opportunities for Obesity Prevention in Early Education Settings – shows how all the pieces can fit. CDC has developed a draft of a state guide (which is not yet final) called State Guide to Address Childhood Obesity in Early Care and Education. Interesting to hear other states talk about their systems and what they are doing.</p> <p>Point was to get state teams together to find where the state is currently in terms of preventing obesity in these settings and where are the potential areas that can be accessed or connected. Unfortunately, there is no expectation or funding to continue this work – but hopefully it will. Annette would like to try to continue this work on some level.</p> <p>Cathe Paul asked if this is something that CSHEL could work together with DOH? How can CSHEL push this on and bring these entities together? If anyone has ideas, please contact Annette.</p>	<p>How can CSHEL push this on and bring these entities together? If anyone has ideas, please contact Annette. <a href="mailto:Annette.Dieker@doh.wa.gov">Annette.Dieker@doh.wa.gov</a></p> <p>When the guide is finalized, Annette will send out a link.</p> <p>Handouts will be posted to CSHEL website.</p>
<p><b>Eco Healthy Child Care Program</b> <i>Update from Gail Gensler</i></p>	<p>King County is promoting the Eco Healthy Child Care program. Endorsement checklists were passed out and can be accessed online. This is a self-certification process. Some of it will be revised in the future. A list of all certified child cares is available on line. Now there is an endorsement fee. Fact sheets will be available in the future.</p>	<p>For more information on the program, visit <a href="http://www.cehn.org/ehcc">http://www.cehn.org/ehcc</a></p>

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<p><b>CSHEL Response to Center and School-Age WAC</b></p>	<p>By the end of March, CSHEL members need to review the center WAC and find which areas need to be looked at and why. If we want a particular WAC to be revised, we need to suggest it be opened up. Look at center WACs, pull out what needs to be addressed and send to Cathe Paul. Then a formal document from CSHEL will be prepared.</p> <p>Volunteers requested:                      Infant care/Safe sleep/Feeding – Peggy King; Katy Levenhagen will help with infant feeding                      Medication – Cathe Paul                      Nutrition and Physical activity – Katy Levenhagen, Adrienne Dorf                      Restraint recommendations – copy family WAC recommendations; have Lenore Rubin review                      Safety and Sanitation – Micha Horn, Nicole DeFrank                      Supervision/Capacity/Ratios – Peggy King                      Tobacco – Matthew from PSESD</p> <p>Julie Parker will send Cathe what Sea-King has put together.</p> <p>For the school-age WACs, there are some public forums. Otherwise we can send comments on the school-age WACs by April 30, 2012. The comments can be put directly into the DEL website. All the comments from SARG facilitated by Schools Out Washington are incorporated. Cathe will ask the same people to look at the school-age WACs. Make sure to look at what is not there.</p>	<p>Cathe will send out a template for volunteers to fill in. Have all comments to Cathe Paul by Friday, March 23, 2012.  <a href="mailto:c.paul@cshelwa.org">c.paul@cshelwa.org</a></p> <p>If anyone else wants to help or add any additional sections, send comments to Cathe Paul.</p>
	<p>As of July 1<sup>st</sup>, Child Care Resource and Referral Network will change their name to Child Care Aware Washington</p>	<p>Annette will ask CCR&amp;R to participate in CSHEL again.</p>
<p><b>Next Meeting</b></p>	<p>Next scheduled CSHEL meeting will be Friday, May 18, 2012 at PSESD, Renton.</p>	